



PRE-SEDATION INSTRUCTIONS

A few instructions are listed below, to be followed PRIOR to Oral & IV Sedation procedures.

1. Nothing to eat 6 hours prior to sedation. Clear liquids ONLY up to 3 hours prior to sedation.
 - a. For morning appointments, nothing after midnight
 - b. For afternoon appointments, a light breakfast may be eaten by 7:00 AM and then nothing else.
2. Do not drink any alcohol 12 (twelve) hours prior to appointment
3. Take all regular medications as scheduled unless specifically told otherwise. A sip of water may be taken to swallow medication.
4. Wear old loose-fitting clothing, a short sleeved shirt, and flat comfortable shoes – no heels.
5. Do not wear contact lenses
6. Please remove nail polish from fingers.
7. ALL sedation patients MUST have a responsible adult to drive them home and remain on the premises during the appointment. A responsible adult should be with the patient until the next day.
 - a. A taxi or Uber is NOT an acceptable ride home. The driver MUST be friend or family.

POST-SEDATION INSTRUCTIONS

A few instructions are listed below, to be followed AFTER Oral & IV Sedation procedure.

1. ALL sedation patients MUST have a responsible adult acquaintance to drive them home and remain on the premises during the appointment. A taxi or Uber is NOT an acceptable ride home. A responsible adult should be with the patient until the next day.
2. We may prescribe pain medications to minimize or eliminate any post-treatment discomfort. Take any pain medication as soon as you get something in your stomach. Take all post-operative medications as directed.
3. If the patient is taking any prescribed medications (such as blood pressure medicine, etc.), these should be resumed on the normal schedule unless instructed otherwise.
4. Limit oral intake for first 24 hours to only clear liquids. You may resume regular diet when you are able and/or otherwise directed. No alcoholic beverages are to be consumed for at least 24 hours or while taking pain medicine.
5. Patients should get plenty of rest for first 24-48 hours. Excessive motion may cause dizziness and/or nausea. After that time, activity may be resumed based upon surgery and other post-treatment considerations. A small percentage of patients still feel tired after the first day.
6. Occasionally, nausea and/or vomiting may occur after the procedure. If it is frequent or persists, please call us so appropriate management can be instituted as needed.
7. Patients cannot drive or operate heavy machinery for 24 hours. Furthermore, they should not be made responsible for the care of small children for 24 hours.

Special Instructions: _____

Do not hesitate to call if you have any questions.

DR. ANDREW BARNETT AT 469-850-2271

OR

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